

Resilience Based Clinical Supervision



A thousand nurses in social care to be offered professional development

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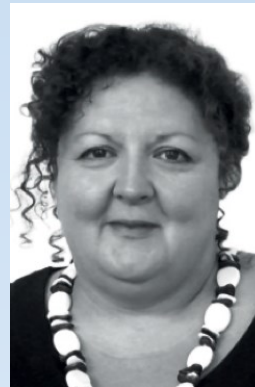
Health and social care leaders are hailing the launch of a programme to support nurses and their teams working in social care. The Foundation of Nursing Studies' highly respected Resilience-based Clinical Supervision (RBCS) programme will benefit nurses across social care.

'We are thrilled to be facilitating this first ever nation-wide programme, specifically focusing on nursing in social care.' said Joanne Bosanquet, CEO at the Foundation of Nursing Studies. *'It is well documented that nurses in this sector often feel professionally isolated despite practising at a high level and embracing complexity.'*

Grace Cook, RBCS Programme Manager and Lead Facilitator added, *'I am absolutely delighted that this programme will support the well-being of nurses within social care and also provide an opportunity for connection across the sector.'*

Reacting to today's announcement, **Deborah Sturdy, England's Chief Nurse for Adult Social Care and Advisory Group member** said, *'I am pleased to be working with FoNS on developing the RBCS programme. This is a really important opportunity for colleagues across social care to benefit from a supportive approach to supervision.'*

'This will help nurses improve their own well-being, that of the teams they lead and ultimately have a positive impact on those in their care. Social care nurses do an incredible job, across a diverse range of services and deserve to have the requisite skills to nurture, validate and support themselves and others in their essential work.'



Visit [the RBCS Social Care website](#) for more information



Dame Ruth May, Chief Nursing Officer for England

'Greater support for nursing professionals' practice and continual professional development is vital to building and maintaining a safe, effective and stable workforce. I am delighted that this programme supporting the wellbeing of nurses within social care is being delivered.'

Andrea Sutcliffe, CEO and Registrar at the NMC

'It is good to see that the Foundation of Nursing Studies' Resilience-based Clinical Supervision programme is being rolled out in England to nurses and nursing associates working in social care. Greater support for nursing professionals' practice and continual professional development is vital to building a safer, more sustainable and effective workforce.'



'Providing an inclusive space for reflective practice, which focuses on improving the wellbeing of professionals and the quality of care they provide, is paramount to delivering the safe, person-centred care we all have a right to expect.'

'When professionals feel valued and supported to thrive, it means better outcomes for people's care, and it's encouraging to see this culture being championed.'



James Bullion, Chief Inspector for Adult Social Care at the CQC

'We are fully behind this programme to provide much-needed support for the dedicated nurses who provide compassionate care across adult social care. Their expertise and unwavering commitment make a profound difference in the lives of care home residents and their families.'

Gemma Stacey, RBCS author and programme adviser

'I am thrilled that the RBCS model is now poised to extend its reach to nurses working in the social care sector, empowering them to connect and mutually support one another in navigating their complex practice environments. My hope is that this development opportunity for them will be prioritised and safeguarded, with access to RBCS becoming an integral part of their employers' mindset, recognising it as critical to their well-being and development, just as it is for any safety-critical profession.'



Debra Moore, Advisory Group member

'As a learning disability nurse, I am absolutely delighted to be able to support this incredible initiative, which I know will benefit many nurses working across adult social care by providing them with the skills to strengthen their resilience, nurture their wellbeing and enhance the care they deliver.'

