



Creating Caring Culture Northern Ireland

l-r: Sinead Lawlor, Seamus Coyle, Danielle Quinn, Moira Mannion (Deputy Director of Nursing,) and Chloe Jade McDonald

What else can we say?

We have had the privilege of being selected to attend one of the most inspirational thought-evoking programmes in all of our careers. It has developed each of us in such different ways that is difficult to explain. The programme focused on different types of leadership skills and tools that will aid the development of staff teams. Also how we, as nurses, can focus upon our own unique way of creating a more caring culture within our area of work.



The skills and knowledge we gained through the programme have given us the confidence to become leaders within our own practice. The programme has also enabled us to empower others to strive to enhance the care we give to patients and increase the already high standards which we set for ourselves.

The programme brought together a group of learning disability nurses from each trust area within Northern Ireland. This gave us a great opportunity to network with our fellow nurses to discuss ideas and gather experiences of ways of working. This opportunity can only strengthen our identity and our profession as learning disability nurses.

We feel that to change or challenge a culture we need to make things simple and start with something small but meaningful.

What is this I hear you ask: being positive and using positive language within our interactions with others helps promote positive outcomes for everyone.

Giselle Cope has been a rock to our group, giving us continuous support and encouragement when we had difficult times and challenges. Our services were going through a very challenging time when CCC started for us. This continues to be the case however Giselle was able to refocus our thoughts and emotions to ensure that we moved forward. We will continue to use the skills and knowledge that we have gained through CCC to improve the future of learning disability nursing and its services.

The Belfast Crew 😊