

The FoNS Residential Programme: Facilitating the development of personcentred cultures

28 April – 2 May 2025

This is a truly unique, life and career-changing experience, and there are still a couple of places so don't delay!

In a nut shell:

- · Aimed at health and social care practitioners across the UK and beyond
- Offers the opportunity for deep, constructive reflection with outcomes to take back to practice and really make a difference
- An enriching experience meeting others who are committed to developing person-centred care in practice
- Explores the theoretical underpinnings around person-centredness to enable you to *be* person-centred, rather than *do* person-centred

Five nights, five days in super comfortable surroundings!

Want to chat to one of the facilitators to find out more? Please email <u>admin@fons.org</u> and we can arrange this.

Read about the residential programme and register

Resilience-based Clinical Supervision: A Game Changer for Nurse Wellbeing

Delighted to share a blog by Joanna Grant, who is an Independent Health and Social Care Consultant. Resilience is one of those words that gets thrown around a lot in nursing, but what does it actually mean?

Joanna talks about her experience of the RBCS for Social Care Programme

Joanna's blog

If you are in social care in England, the programme is fully funded. Visit <u>the FoNS</u> <u>website</u> for info and booking details.

Learning Disability Nursing Scholarship: Closing date this Friday

FoNS is extremely delighted to be able to offer this year a Learning Disability Nurse Development Scholarship to one RNLD nurse. This new opportunity is open to Learning Disability UK registered nurses working in health and or social care, particularly those who are leading clinically based teams. This opportunity is open to any RNLD who has previously completed a FoNS programme.

This fabulous opportunity includes:

- Attendance at a 5-day FoNS <u>residential programme</u> (28 April 2 May 2025), which focuses on facilitating the development of person-centred cultures. The scholarship covers the cost of programme registration, accommodation, food and reasonable travel expenses
- 12 months bespoke mentorship from FoNS

Closing date 5pm, Friday 14 March 2025

The FoNS Clinical Supervision Nursing Now Challenge

If you missed last week's launch of Nursing Now's new Global Solutions Initiative, you can watch it now on YouTube.

Catch up on the launch event

When is the next one?

21 March 2025 at 8.00am GMT

The second Nursing Now Challenge session dedicated to the new NNCGSI on clinical supervision is open for registrations. The focus will be on what good supervision looks like. Open to students and early career nurses.

Register to attend

How racism affects health

This joint report with the Runnymede Trust highlights large and unacceptable variations in the experience of the building blocks of health according to ethnicity.

How racism affects health report

Survey on healthcare professions' views on social prescribing

The following short survey is aimed to collect input and gain the perspective of healthcare professionals with regards to social prescribing and its usage (or lack thereof) in Europe, particularly as a component of a patient's recovery from cancer treatments.

Funded by the European Union, the project will address education and training needs of health, social care and rehabilitation professionals, NGO/Civil Society leaders as well as policy makers.

Find out more and answer the survey

Liked this week's issue? Don't forget to share!



