



The FoNS Weekly News

Everyday Inspirations...



International Nurses Day 2025

This year we have chosen to focus on your inspirations. And the results are both heart-warming and inspiring. Family members have led many of us to join the profession,

acting as mentor and support and leading by example. Colleagues early in our careers are also very influential in our nursing lives.

Why not take 5 minutes to read our 'flip book'? We'd like to thank all those who contributed and the inspirations they talk about.

[View our flipbook](#)

"We're there when other people aren't"

Following on from last weeks newsletter, FoNS CEO Joanne Bosanquet has reflected on a busy week and shared some more of her thoughts...

The last week and a half have been a rollercoaster, both physically as I've been here, there and everywhere, and emotionally.

International Day of the Midwife and Nurse's Day May 2025 have been very different for me.

The [ICM](#) and [ICN](#) published hard hitting reports about the critical shortages of midwives and nurses across the globe and the Nursing Now Challenge, in conjunction with the World Health Organisation published their second [State of the World's Nursing report](#) (#SoWN25) yesterday on #IND2025. This report, which has been two years in the writing (data collection was 2018-2023), landed hard. Harder than the 2020 report. Since 2020, we have an additional 1 million nurses to find by 2030. This is on top of the 10 million we global shortage predicted in 2020.

I will write another blog about this groundbreaking report as soon as I've reflected and read it cover to cover. I urge you to read this and tell your colleagues about it. It's the blueprint for the future.

[Read more...](#)

Mental Health Awareness Week

In case you missed it, this week is Mental Health Awareness Week. This year, the Mental Health Foundation are focusing on the power and importance of community. Wendy and Jolie, our Lived Experience Co-production leads have both been reflecting on community and what it means for them.

[Read Jolie's reflection](#) focusing on the Ward Manger Leadership Development Programme and Communities of Practice

[Read Wendy's reflection](#) on Creating Communities that Care

[Visit the Mental Health Foundation Website](#) for more information and resources for Mental Health Awareness Week

Person-centred Cultures: The FoNS Development Programme

Sticking with the theme of inspiration, we'd like to ask you favour. Can you, on our behalf, inspire someone in your team or network to apply for the Person-centred Cultures Development Programme?

We are looking for enthusiastic nurses/midwives from **any** background, working in **any** setting, **anywhere** in the UK, who are interested in creating more person-centred cultures within their workplace. This person is passionate about the care they deliver, is leading a team at the point of care and is willing to 'have a go'.

It's a fully funded programme, which combines in person and online workshops, in a small group. It furnishes participants with the opportunity to learn with and from each other.

We'd very much appreciate your help in sharing the unique opportunity.

[Visit the Person-centred Cultures Programme pages](#)

New Dates for our Public RBCS Programme

New 'open to all' programme starting September 2025. An inclusive, participatory online programme, suitable for nurses, clinical educators, AHPs and anyone who has an interest in restorative supervision

- Session 1: Thursday 11 September 09:30 - 12:30
- Session 2: Thursday 18 September 09:30 - 12:30
- Session 3: Thursday 02 October 09:30 - 12:30
- Session 4: Thursday 30 October 09:30 - 11:30
- Session 5: Thursday 27 November 09:30 - 11:30

£575pp

[Book via the FoNS website](#)

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Foundation of Nursing Studies

11-13 Cavendish Square London W1G
0AN, London
United Kingdom

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