

### **The FoNS Weekly News**



# **Finding Creativity in the Workplace**

Guest Newsletter by Teleana Bastiani, FoNS Resilience-based Clinical Supervision Administrator

We'd like to thank Teleana for this thoughtful guest editorial

At first glance, my role as the RBCS Programme
Administrator at FoNS might not seem to require much creativity. But when I think about it, I realise that creativity is at the heart of everything I do to support you in your work. For me, creativity isn't just about designing new things it's about finding solutions when challenges arise, connecting with others, and making processes work more smoothly. It's these small creative adjustments that allow me to support you in meaningful ways.



#### **Creativity: More Than Just New Ideas**

In any job, creativity is essential. It shows up when we're faced with problems or unexpected changes. It's about thinking on your feet, being adaptable, and finding new ways to tackle challenges. When something goes wrong, like a project delay or unexpected issues, creativity helps us pivot and keep moving forward. It's not about grand, ground-breaking ideas every time; it's about innovating within the constraints we have to make things work. This flexibility is what keeps everything running smoothly, no matter the challenges we face.

#### Creativity in Nursing: Adapting to the Moment

For nurses, creativity is crucial. It's seen in your ability to adjust care plans quickly, communicate effectively with patients, and solve problems on the spot. Creativity doesn't only mean coming up with new treatments it's also about finding better ways to manage your time, work with your team, and connect with patients in meaningful ways. Every day presents new situations where your creativity plays a key role in delivering the best care possible. And your creativity doesn't just help patients, it's also about adapting to the ever-changing healthcare environment, which is something all of us can relate to.

#### Read more

# The Person-centred Cultures: A FoNS Development Programme

Inspired by Teleana's guest editorial, we are focusing on creativity.

Creativity is a key aspect of all FoNS programmes – we believe it is a way to develop new ways of thinking and being. Creativity and being open to give things a try, are part of the Person-centred Cultures Programme, but you don't need to be Rembrandt or even Jackson Pollock! It's more about exploring our self as leader, as a person, as a nurse, in new ways.

The Person-centred Cultures Development Programme is underpinned by the Person-centred Practice Framework and benefits from FoNS's immense experience in facilitation of learning and understanding of culture change in the health and social care sector.

We welcome applications from people from diverse backgrounds in any health or social care setting, from anywhere in the UK.

Closing date 5pm Wednesday 25 June 2025

Read more about the programme and how to apply

## Person-centred Cultures Development Programme: New drop-in sessions in May and June

Four new sessions have been organised. Your chance to meet Giselle Cope, the programme lead, find out about the programme and ask your questions!

No need to book, just come along and find out more

16 June 2025 12:00-12:30 Join the meeting

11 June 2025 09:30-10:00 Join the meeting

26 May 2025 11:00-11:30 **Join the meeting** 

09 May 2025 12:30-13:00 Join the meeting

New drop in sessions news item

## #Red4Research Friday 20 June 2025

#Red4Research brings together all those participating, supporting, and undertaking research. On the front line and behind the scenes incredible research teams collectively work on health and social care research.

Red4Research Day aims to get as many people as possible wearing red to demonstrate their support and appreciation for all those participating, undertaking and supporting research. It is an opportunity to showcase and celebrate the phenomenal work, learning legacy and innovative treatments/systems/techniques that have arisen from R&D.

Find out more on the NHS Research and Development Forum Website

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