

Our purpose – the charity

The Foundation of Nursing Studies is a charitable company established to advance education among the members of the nursing profession and to embed research into practice. It is governed by a board of trustees and the day-to-day work is undertaken by the chief executive and her team: we all share the same values and vision.

Our vision - the team

FoNS believes all individuals should experience health and social care as person-centred, safe and effective. This includes those who are receiving care and those who are giving care.

Our mission

FoNS fulfills this vision by:

- Facilitating participatory learning opportunities for nurses and nurse-led teams that enable the development of individuals, teams, practice and workplace cultures to improve the experiences and outcomes of health and social care for all
- Generating and sharing new theoretical knowledge to inform improvement of the experiences and outcomes of health and social care for all
- Enabling our programme participants to generate practice knowledge that they can use to inform their future action

Our ways of working

The work of FoNS is underpinned by the following principles:

- Being person-centred by valuing and respecting the uniqueness, individuality, contribution and potential of all we work with
- Enabling collective leadership by working in ways that are collaborative, inclusive and participatory
- · Working with individuals and teams to co-create shared values and goals that are realised in practice
- Creating learning environments that are safe, critical and creative
- Focusing on what matters to those we are working with

Our focus

Building on what FoNS has achieved to date, we will:

- 1. Work with nurses and nurse-led teams to co-create and deliver a variety of learning opportunities that help to develop their knowledge, skills and confidence in leading and facilitating change that improves care experiences and outcomes
- 2. Generate and publish knowledge and evidence that informs the development of people, practice and workplace cultures, which is open for all to read
- 3. Increase our reach and influence across the health and social care system
- 4. Grow and develop a team who can be agile in their ways of working and who are properly supported to achieve FoNS' vision

Our community

The work of FoNS is UK-wide with international reach. Our community is not defined by organisational boundaries. We primarily work with nurses and nurse-led teams in patient/resident-facing practice and with those who lead and manage services, while recognising the importance of nurturing and sustaining connections across all levels of the system.



Foundation of Nursing Studies

Inspire • Enable • Improve

Why choose FoNS?

We tailor programmes to meet the needs of the organisation or team

Our programmes focus on building capability and capacity, to develop person-centred workplace cultures and compassionate care

We enable learning in and from practice through reflection

We draw upon theoretically based models and frameworks

We work directly with nurses, midwives and their

teams to improve the experience of care

We facilitate online or in person

Our vision

All individuals should experience health and social care as person-centred, safe and effective. This includes those who are giving and receiving care



What is available?

For individuals Facilitated participatory learning opportunities including residential programmes, fellowships, scholarships and access to freely available online resources

For organisations Bespoke programmes to support team wellbeing and resourcefulness, and facilitate culture change

For commissioners A person-centred approach to leading and facilitating culture change

Generating and sharing knowledge

We enable our programme participants to create practice knowledge

We value ongoing participatory evaluation

We network and share information, for example via e-news and blogs

We influence nursing practice and policy

Scan the code for more information on the programmes FoNS offers

