



The FoNS Weekly News



Doing with

This week is Co-production Week, the theme is 'Innovation through Co-production', it's all about how co-production can support innovation and about demonstrating the impact and difference that it makes.

This week, Jolie Goodman, one of the Lived Experience Co-production Leads decided she wanted to talk about the experiences of co-production at FoNS and to think about innovation. So, she asked colleagues to creatively think about the difference co-production has made both to the Ward Manager Programme and the organisation more broadly.

How could you work more co-productively?

[Jolie on co-production](#)

I am a poet, but I didn't know it!

Sonia Denton-Smith, FoNS Resilience-based Clinical Supervision Project Manager and Lead Facilitator is a reluctant poet! But she has discovered, through creating her own poem, things about herself that she hadn't realised!

Having spent many career years thinking resilience was her own responsibility, thinking she had to 'tough it out', it was a revelation to discover community/team focussed concepts of resilience. Writing poetry has enabled her to see much more clearly, to help her capture a very small part of her story.

Have a look! Have a go yourself!

[Take a look at Sonia's poetry journey.](#)

Diamond Moments

If you haven't read this piece by Jenny Halse yet, we'd encourage you to do so! Diamond Moments are, in essence, a way of exploring one's own nursing practice to surface what brings us joy and deep satisfaction. Exploring these 'precious instances in time that encapsulate the very best of nursing' as an individual can help career planning, team building and are part of restorative, reflective practice.

This collaboration between NCL CAN, Middlesex University and Develop to Thrive, is inviting you to get in touch, share your Diamond Moments, test the tools in your workplace, and help them understand how this approach can best serve our profession.

[Diamond Moments by Jenny Halse](#)

One place left! RBCS Public Programme October 2025

If you are interested in this 'open to all' Resilience-based Clinical Supervision programme, please get in touch as soon as possible, just one space left. We will be setting up a November start programme shortly, email if that is of interest to you rbc@fons.org

- Session 1: Thursday 16 October 2025 9.30 - 12.30
- Session 2: Thursday 23 October 2025 9.30 - 12.30
- Session 3: Thursday 06 November 2025 9.30 - 12.30
- Session 4: Thursday 20 November 2025 9.30 - 11.30
- Session 5: Thursday 18 December 2025 9.30 - 11.30

Book via [the registration form on the FoNS website](#)

RCN International Nursing Research Conference 2025

Nursing Research: Transforming Global Health in a Changing World

8-10 September 2025, Exeter University or online

Keynote speakers have been announced as well as in-person and online programmes. This year, the RCN is piloting virtual tickets for those who are unable to attend in person.

[Programmes and booking information are available on the RCN website](#)

Alumni Reminder

The next Alumni event is 08 July 2025 13:00-15:00: An Introduction to Origami Workshop.

This is not just any Origami! We are again collaborating with Vanessa from *Crafty Team Building* for this session!

If you are already a member of the Alumni, you should have already received your email invitation. If you have not received an invitation, please email admin@fons.org.

If you have participated on a FoNS programme (except RBCS) and are not a member of the Alumni, please get in touch to join admin@fons.org

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