



The FoNS Weekly News

The Social Care Nurse Development Scholarship and me!

Ope Olufowobi RGN

Clinical Services Manager, Hodge Hill Grange Care Home

I will always be immensely grateful for the opportunity to have received the Social Care Nurse Development Scholarship for 2025. Its positive effect on my career as a nurse and a clinical services manager has been truly, truly significant.

Having joyfully accepted the scholarship, I walked into Sedgebrook Hall on 27 April with hope and trepidation; not knowing what to expect, however I shortly later came to realise my expectations were about to be far exceeded and I had received one of the best learning



Resilience Based Clinical Supervision

Public programme of RBCS: Open to all

Friday 07 November 2025 9.30 - 12.30
Friday 14 November 2025 9.30 - 12.30
Friday 21 November 2025 9.30 - 12.30
Friday 28 November 2025 9.30 - 11.30
Friday 05 December 2025 9.30 - 11.30





NURSING LIVE
5-6 November 2025
NEC, Birmingham



Grace Cook
Person-centered practice facilitator
Foundation of Nursing Studies (FONS)

Proud
to be speaking

www.nursinglive.com

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The Social Care Nurse Development Scholarship and me!

Ope Olufowobi talks about the impact of the Social Care Scholarship and her time at the FoNS Residential Programme. Key learning includes the value of active learning and the importance of psychological safety.

[Read Ope's thoughts](#)

Book your place on a public Resilience-based Clinical Supervision programme

Back by popular demand! It's great to see that organisations are continuing to value supporting staff through restorative clinical supervision in the shape of Resilience-based Clinical Supervision (RBCS). Experienced by hundreds of nurses across the UK, this 'Champion and Cascade' programme has been very highly evaluated. Join this public programme to find out for yourself.

- Session 1: 07 November 9.30-12.30
- Session 2: 21 November 9.30-12.30
- Session 3: 28 November 9.30-12.30
- Session 4: 05 December 9.30-11.30
- Session 5: 12 December 9.30-11.30

£575 per person, [book via the website](#)

Developing the Facilitation Skills of Professional Nurse Advocates across the UKHSA: Evaluation of a Five-day Workshop Programme

We are delighted to share this Final Evaluation Report for the UK Health Security Agency commissioned bespoke programme to support the development of the facilitation skills of PNAs.

Sarah Gigg, Chief Nursing Officer and Deputy Director of HIMS at the UK Health Security Agency said:

'This initiative represents a significant step forward in our commitment to supporting the professional development and wellbeing of our workforce. The PNA role is a vital component in fostering a compassionate, resilient, and reflective culture across UKHSA. It enables nurses to provide restorative clinical supervision, advocate for colleagues, and contribute meaningfully to quality improvement.'

Themes emerging were the value of:

- Creating a community of PNA colleagues
- The variety of approaches to learning
- Learning about relevant theories and how to apply them in practice
- Developing knowledge, skills and confidence

[Read the report](#)

Nursing Live: 5-6 November Birmingham

Grace Cook says:

Join me at Nursing Live- the UK's prestigious nursing event.

I am proud to be speaking alongside presentations on professional development and personal wellbeing.

Click the link to [the Nursing Live booking website](#) discover how the FREE event can earn up to 16 hours of CPD.

Cultivating Happiness with Deepak Chopra

An Action for Happiness podcast

Join Action for Happiness in this enlightening episode of their podcast series to listen to a 'transformative conversation' with Deepak Chopra, a leader in integrative medicine and personal transformation. Deepak shares invaluable insights into cultivating a deep and lasting sense of happiness, redefining success, and the profound impact of joy on our lives.

[Deepak Chopra podcast](#)

WHO is calling nurses

Humanity is currently grappling with a triple planetary crisis encompassing climate change, nature and biodiversity loss, and pollution threatening life on Earth. In times of health jeopardy, who stands at the forefront? Nurses play a pivotal role!

During the International Council of Nurses Congress in Helsinki, Finland, Dr. Maria Neira, Director of Climate Change, Environment, and Health at the World Health Organization (WHO), emphasised the crucial link between health and these global challenges.

Her 7-minute presentation is available on LinkedIn – please share this vital call from WHO for collective action.

[View Dr Maria Neira's Call for Action](#)

Liked this week's issue? Don't forget to share!



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