



The Foundation of Nursing Studies
Inspire Enable Improve

2025

INCLUSION &

FACILITATION

Let's explore together!

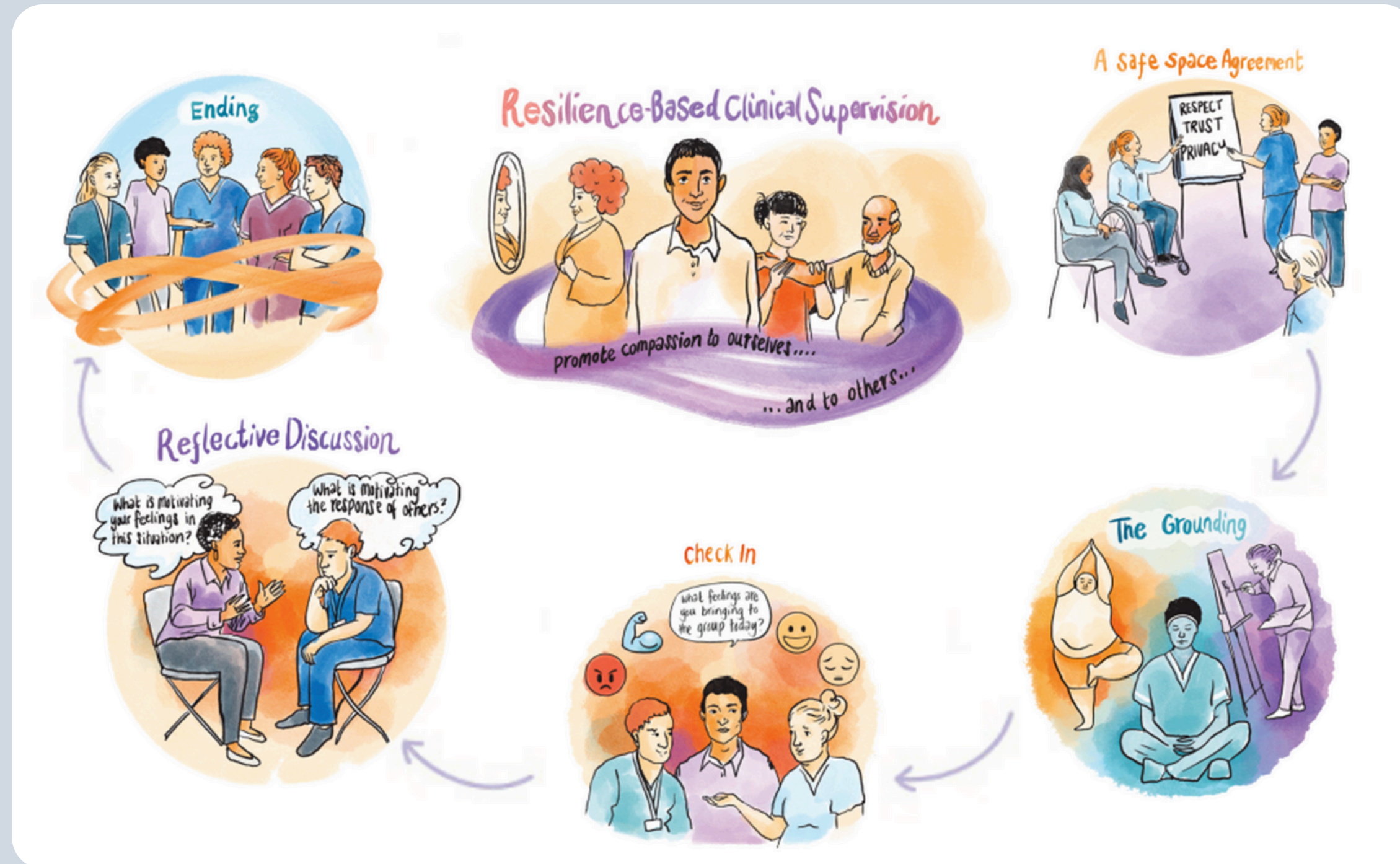
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Denton-Smith and
Wendy Minhinnett

Prepared For: RBCS
Network Event
15th September 2025

The Foundation of Nursing
Studies works with nurses to
create person-centred
cultures of care

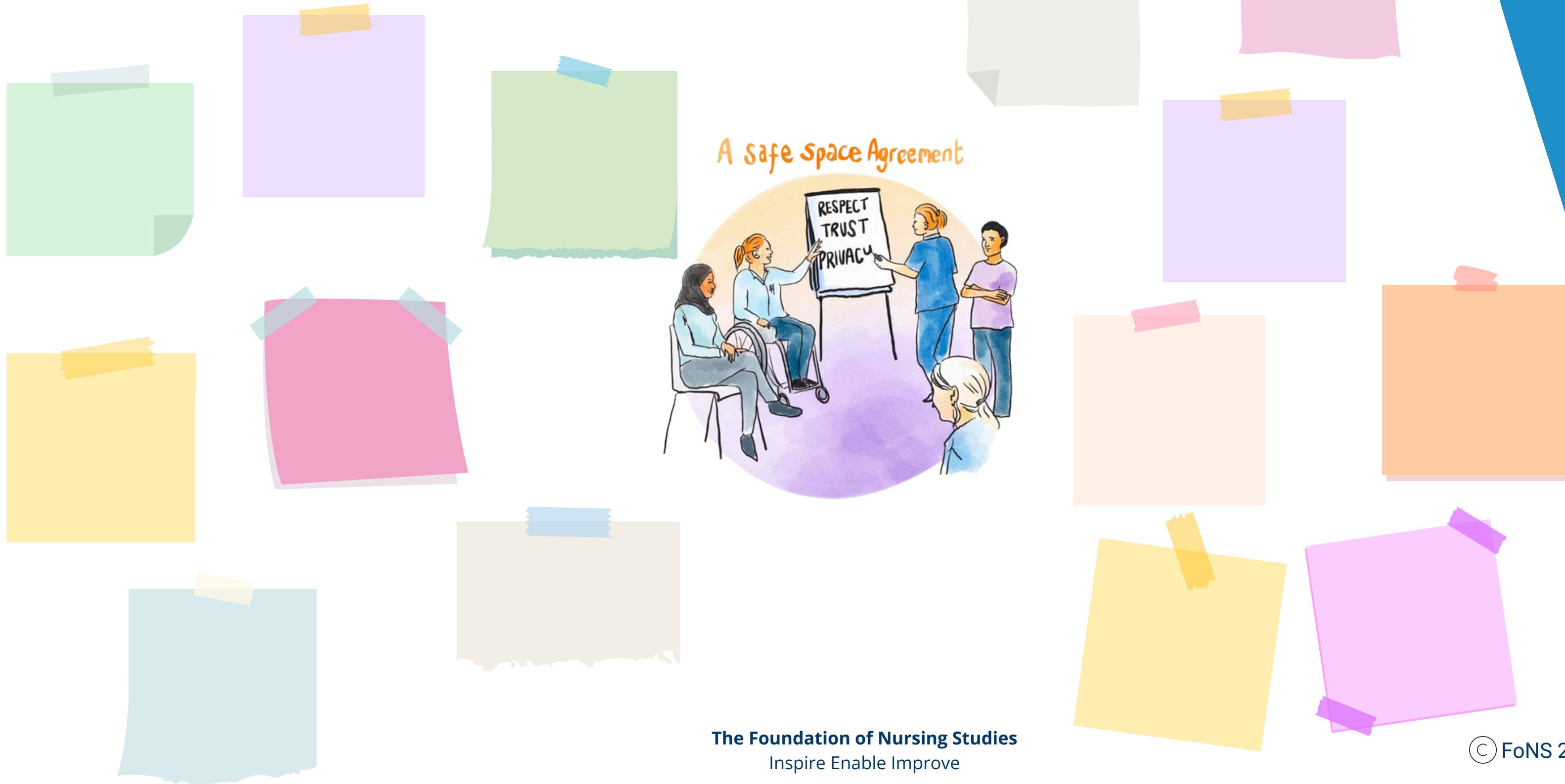
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The RBCS Process





Our Safe Space Agreement





Grounding

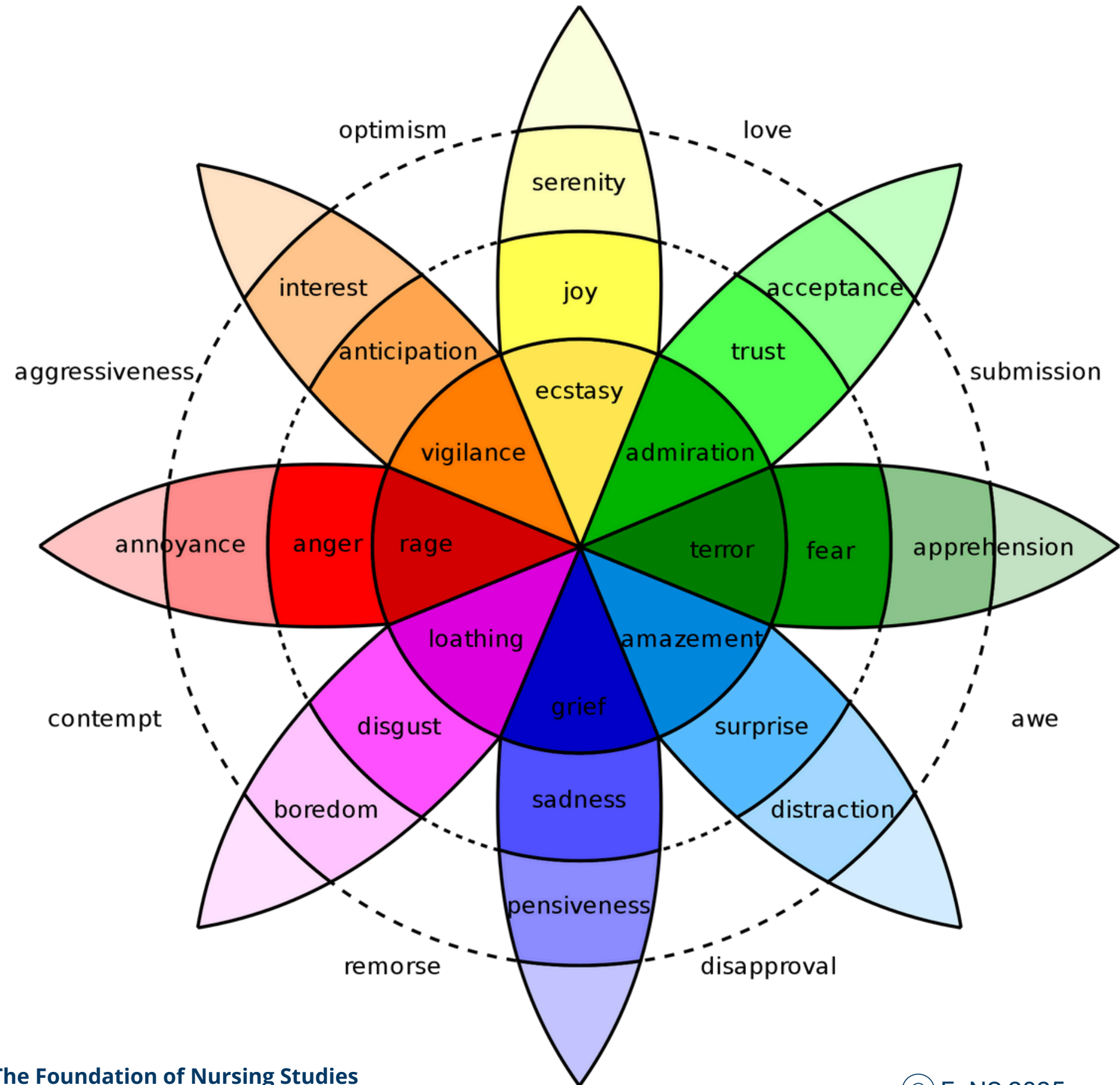


https://youtu.be/3yL6jFWf_Hw?si=7Vc0PMbl8HPxeGN4



Check In

How are you feeling about the topic inclusion?





Connecting to Inclusion

1

Fold an A4 piece of paper in half and then half again - then open so that it is in four squares



2

As a warm up - start in the centre of the paper and draw a spiral for 1 minute



3

Individually, on each quarter of the paper, answer the following questions:

- Any reflections, thoughts or feelings that came up for from my story?
- What does it feel like to be included for you?
- Have you ever felt excluded in a facilitated session? What did you hear, see, touch, smell, taste and feel?
- What would have made you feel more included in that situation?



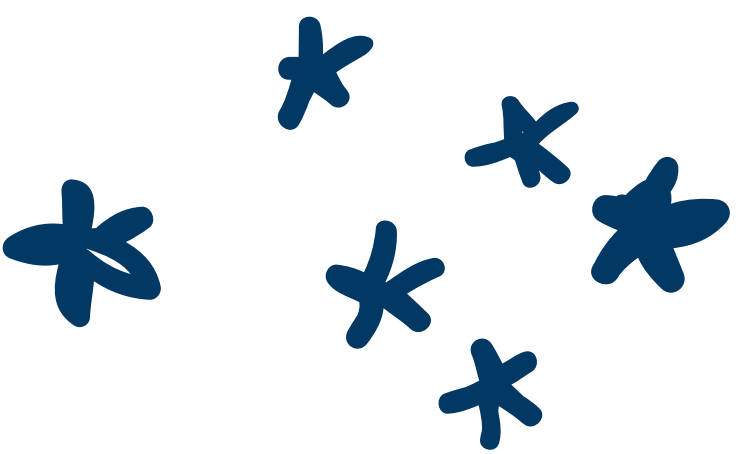
4

Discussion about any insights or reflections

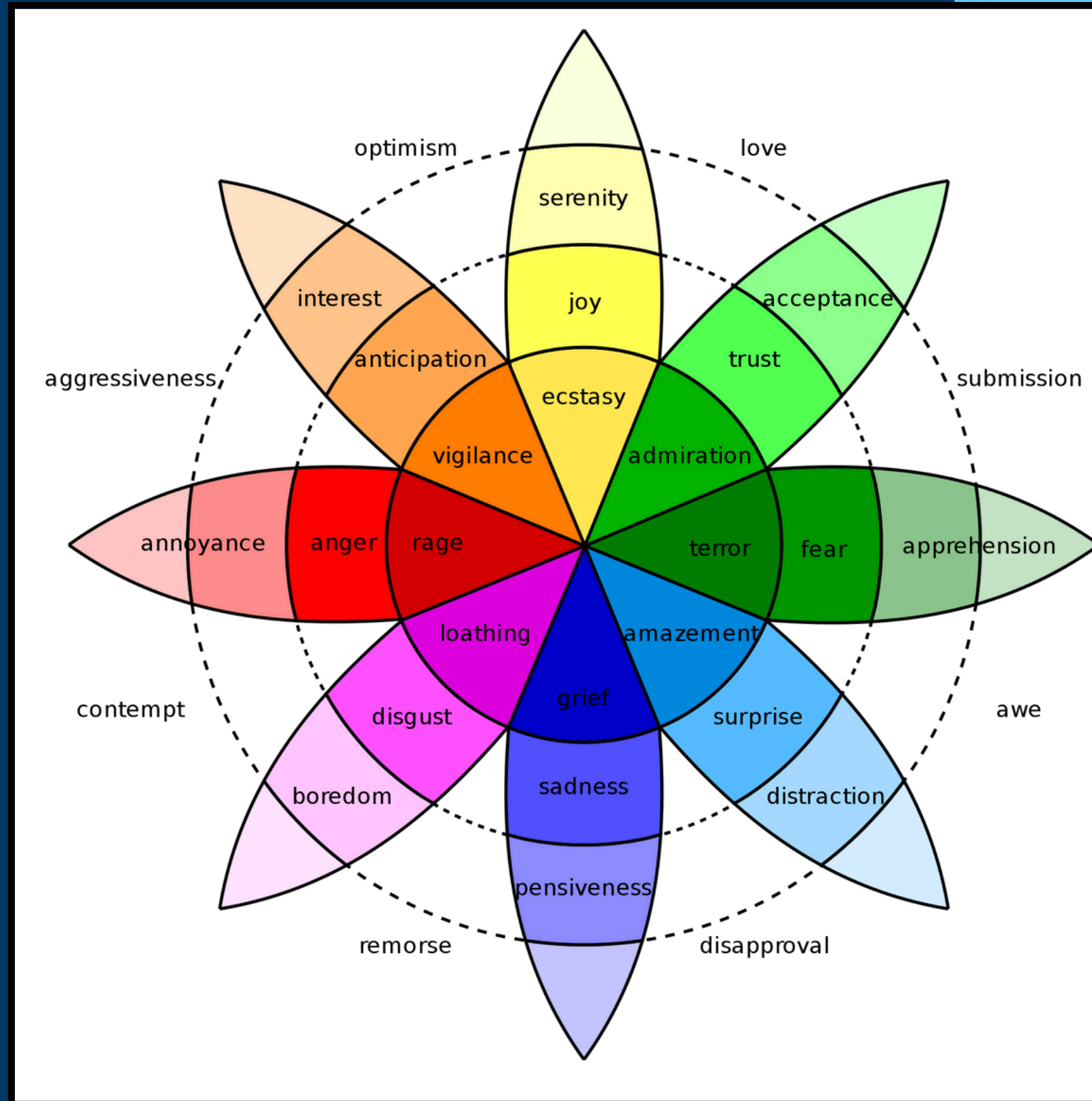


1	2	3	4	5
6	7	8	9	10
11	12	13 ^{3.}	14	15
16	17	18	19	20

**20
Possible
Ways to be
an
inclusive
facilitator**



How are you
feeling about the
topic inclusion
now?

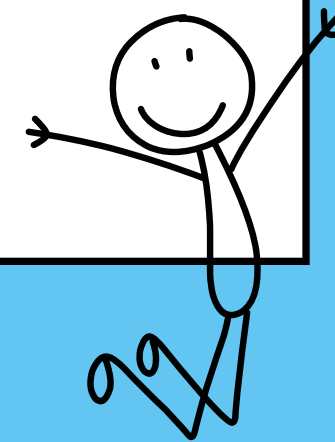
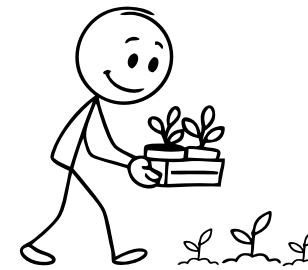




Positive Ending



What will
you take
away from
today?



Q&A Session



Please raise your hand if
you have any questions



Future Events



We'd love to hear what your thoughts are on our RBCS Network Newsletters and Events and what topics you would like us to cover. Click the link above to share your thoughts.





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Thank You!

Contact Us

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